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Vision To secure Sri lanka by nurturing visionary, collective, and decisive leaders in security policy and decision making

Institute of National Security Studies (INSS) is the premier think tank on national security in Sri Lanka established under the Ministry of Defence

Colonel Nalin Herath RSP Assumes Office as Acting Director (Research) of INSS



On 4th September 2023, Colonel Nalin Herath was officially assumed in his new position as Acting Director (Research) at the Institute of National Security Studies (INSS) during a brief ceremony at the INSS office in Suhurupaya, Battaramulla. On 31st of August 2023, he got his appointment letter from the Additional Secretary (Defence Services), Mr. Jayantha Edirisinghe. Notably, Colonel Herath continues to hold his current position as the Director of Media and Spokesperson for the Ministry of Defence.

Over the course of his 28-year outstanding military career, Colonel Herath has made substantial contributions in a number of top staff and administrative capacities. He is considered as a prominent authority on international relations and is widely known for his ability to build strategic alliances even in difficult situations faced during UN Peacekeeping Missions. He is also skilled at directing multinational and interagency teams. In addition, Colonel Herath is a successful author with two books published to his credit: "Globe in a Nutshell" and "Geopolitical Alliances and Rivalries Set in Stone." His multifaceted expertise and dedication to service make him an invaluable addition to the INSS leadership team.

Ms. Nilmini Ulluwishewa, Director (Administration) Attends Executive Seminar Near East South Asia (NESA) Center for Strategic Studies, National Defence University, United States of America



Ulluwishewa, Director Ms. Nilmini Administration at the Institute of National Security Studies, proudly represented both the Ministry of Defence and the Institute itself at a high-profile Executive Seminar. The event, organized by the prestigious Near East South Asia (NESA) Center for Strategic Studies, National Defence University in the United States of America, took place from 24th July to 4th August 2023, in the vibrant city of Washington, D.C. Themed around New and Emerging Security Challenges: Employing Whole of Society Solutions, the seminar brought together influential experts and diverse participants. Ms. Ulluwishewa's active participation in the seminar

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underscored her dedication and passion in the field of national security



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INSS Military Research Officers Participates at the Centre for Strategic Assessment Workshop

The Institute of National Security Studies (INSS) is happy to announce the participation of tri-services Research Officers in a workshop on the structural planning of the Centre for Strategic Assessment (CSA) at the General Sir John Kotelawala Defence University (KDU). A group from the U. S. Institute of Security Governance, comprising eminent people like Dr. Oscar De Soto, Dr. Barak Salmoni, Mr. Max Kelly, and Mr. Matt Ashley, carried out this capacity development program and structural planning project. The creation of the CSA at KDU has as its



main goal the development of a research capability that can give in-depth analysis on complex strategic security concerns, aiding in the design of efficient policy solutions for the country.

Lecture on Interdisciplinary Research



The renowned Licensed Social Worker (LSW) and Associate Professor from The Ohio State University in the United States, Dr. Jacquelyn C.A. Meshelemiah, gave a thought-provoking guest lecture at the Institute of National Security Studies. The workshop was held on 13th July 2023, and it featured an engaging presentation titled "Changing the World Takes a Team: How to Conduct Interdisciplinary Research."

INSS Research Staff Participates in LKI Foreign Policy Forum on Changing Global Dynamics



The Institute of National Security Studies (INSS) takes pride in its dedicated participation in the prestigious 'LKI Foreign Policy Forum', a flagship program of the Lakshman Kadirgamar The Lakshman Kadirgamar Institute of International Relations and Strategic Studies (LKI) on 9th August 2023. Rear Admiral D. C. Gunawardena, who served as the INSS's Acting Director General and Director of Communications and Publications and few research staff members attended the occasion.

INSS Research Staff Shine at 16th International Research Conference of the General Sir John Kotelawala Defence University

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The Institute of National Security Studies proudly announces the successful participation of its team members at the 16th International Research Conference hosted by the General Sir John Kotelawala Defence University on 8th of September 2023.

Commander Amila Prasanga, Military Research Officer, presented a compelling paper titled "The Nexus of Climate Change and Human Security in Sri Lanka: Implications for



Small Island Developing States in the Indian Ocean Region." Further, Ms. Charani Patabendige, Acting Research Analyst and Research Assistant at INSS, presented a paper titled "Changing Threat Dimensions; Preventing Extremism In The Digital Age". Furthermore, INSS research staff, including research interns, had the valuable opportunity to participate in this conference, enhancing their knowledge of evolving security dynamics at the global, regional, and local levels.

Round Table Discussion on "Leveraging Artificial Intelligence for National Security: Opportunities and Challenges in Sri Lanka"



Institute of National Security Studies (INSS), the premier think tank on national security established under the Ministry of Defence, organized a Round Table Discussion titled "Leveraging Artificial Intelligence for National Security: Opportunities and Challenges in Sri Lanka" on Wednesday, 12th of July 2023, from 1330hrs to 1530hrs (IST) via Zoom. The moderator for this informative and timely session was Rear Admiral Dimuthu Gunawardena RWP**, RSP, VSV, USP, nswc, psc, hdmc, Acting Director General, Director (Communications & Publications), of the Institute of National Security Studies.

Initially, Mr. Haritha Thilakarathne, Consultant in Data and AI at Arinco, Australia who spoke on the topic "Addressing Data Challenges and Privacy Concerns". Moving on to the second speaker, Dr. Chamila Talagala Faculty Member, Charles Darwin University, Australia discussed on the topic titled "Addressing Legal Framework of AI; Loopholes and Recommendations". Continuing with the third speaker, Ms. Shammi Hewamadduma, Lead Information Security Engineer, Sri Lanka CERT explained on the topic "Safeguarding National Infrastructure from AIenabled Cyber Threats". Mr. Viraj Attanayake, Vice President, Innovation and Informatics

International Limited as the fourth and final speaker, delivered a speech on "Enhancing National Security Capabilities through Al."

In the Q&A session that followed, the audience asked a number of pertinent questions pertaining to the issue that had been covered. Each speaker was then asked a question that was relevant to the subject of their speech.

Round Table Discussion on "Escalation of Plastic Pollution; A Threat to Environment Security"

The Institute of National Security Studies (INSS), the Ministry of Defence's premier think tank on national security, hosted a Round Table Discussion on "Escalation of Plastic Pollution; A Threat to Environmental Security" on Thursday, 3rd August 2023, from 1400hrs to 1600hrs (IST) via Zoom. The session was moderated by Rear Admiral Dimuthu Gunawardena, RWP**, RSP, VSV, USP, nswc, psc, hdmc, Acting Director General and Director (Communications & Publications) of INSS.

Prof. Rangika Bandara first spoke on "Plastic Pollution: Assessing Environmental Damages, the Urgency for Conservation, and Responsible Technological Interventions." Secondly, Ms. Dilshani Edirisinghe discussed under the title

"Industry Responses to the Escalation of Plastic Pollution: Balancing Sustainability and Economic Viability". Ms. H.P.S. Jayasekara then discussed the topic "Legal Frameworks and Challenges in Addressing Plastic Pollution: Local and Global Perspective". Finally, Mr. S.M. Werahera spoke about "Government Strategies



for Addressing the Escalation of Plastic Pollution: Safeguarding Environmental Security."

The moderator led a good Q&A session in the final 30 minutes of the programme.

INSS Military Research Officer Presents Research Paper at the Third International Conference of the Centre for Environmental Sustainability

At the Third International Conference of the Centre for Environmental Sustainability (ICCES), held on 25th August 2023, at the University of Peradeniya, Sri Lanka. Commander Amila Prasanga, Military Research Officer at the Institute of National Security Studies (INSS), presented a groundbreaking research paper titled "Nexus of Climate Change and Maritime Security in Sri Lanka: Implications for Small Island Developing States" via Zoom. Understanding the complex linkages between climate change and maritime security, particularly in the context of Small Island Developing States, has advanced significantly as a result of Commander Amila Prasanga's study.

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Round Table Discussion on "Empowering Sustainable Energy Security in the Future: Advancing Renewable Energy Utilization in Sri Lanka By 2030"



The inaugural guest speaker, Professor I. M. K. Fernando, from the Department of Physics at the University of Colombo, discussed on the topic "Potential Renewable Energy Resources in Sri Lanka". Following this, Professor Mohamed Mahees, an accomplished scholar in Sociology and also President of the Arts Council at the Colombo, University of provided a comprehensive exploration on "Impact of Socio-Economic Factors on Renewable Energy". Moving forward, the third speaker, Professor Ajith De Alwis, a distinguished Senior Professor

The Institute of National Security Studies (INSS), the premier think tank on national security established under the Ministry of Defence has organized a Round Table Discussion on "Empowering sustainable energy security in the future: Advancing renewable energy utilization in Sri Lanka by 2030" via ZOOM on Wednesday, the 23rd of August 2023 from 1400hrs to 1600 hrs. (IST). The event was moderated by Rear Admiral Dimuthu Gunawardena RWP**, RSP, VSV, USP, nswc, psc, hdmc, Acting Director General and Director (Communications and Publications) of the Institute of National Security Studies.

Cdr. Amila Prasanga Presents Research Paper on "Fostering Maritime Connectivity in South Asia: Role of Regional Organization" at the 3rd Biennial International Conference of the Indian Association for South Asian Studies (IASAS) 2023



Military Research Officer Commander Amila Prasanga presented a research paper titled "Fostering Maritime Connectivity in South Asia: Role of Regional Organizations" at the 3rd Biennial International Conference Indian Association for South Asian Studies (IASAS) which was held on 24th and 25th of July, 2023. The conference was conducted at the Nagananda International Institute for Buddhist Studies (NIIBS) in Sri Lanka in partnership with Banaras Hindu University in Varanasi, India. in the Department of Engineering at the University of Moratuwa, illuminated on "Advancements in Renewable Energy and Grid Integration: Observations and Comments on Key Areas". Dr. H.M. Wijekoon, Deputy General Manager of the Ceylon Electricity Board, representing the Ministry of Power and Energy, offered insights on "Sri Lanka's Energy Landscape"

In the concluding moments of the programme, the moderator orchestrated an engaging Q&A session.

Rear Admiral Dimuthu Gunawardena, Acting Director General, and Director (Communications and Publications) Accompanies at the 58th Defence Day of Pakistan

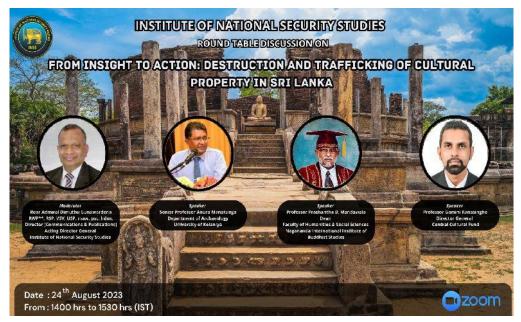


Rear Admiral Dimuthu Gunawardena attended the 58th Defence Day of Pakistan which was held on 07th of September 2023 at the Shangri-La Hotel with the gracious presence of the Sri Lankan Defence Secretary General Kamal Gunaratne as the Chief Guest. The event was also attended by distinguished guests including the Sri Lankan Chief of Defence Staff and Tri-Forces Commanders, Additional Secretaries and Military Liaison Officer of the Ministry of Defence, military officers and the members of the diplomatic corps.

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Round Table Discussion on "From Insight to Action; Destruction and Trafficking of Cultural Property in Sri Lanka"



Landscape of Destruction and Trafficking of Cultural Property in Sri Lanka". Subsequently, Prof. P. B. Mandawala, Dean, Faculty of Humanities and Social Sciences, Nagananda International Institute for Buddhist Studies elaborated on "Addressing Legal Framework of Destruction and Trafficking of Cultural Property in Sri Lanka: Loopholes and Recommendations" and Prof. Gamini Ranasinghe, Director General, Central Cultural Fund highlighted on "Challenges on the Preservation of Cultural Property Against Destruction and Trafficking". The moderator for this informative and timely session was Rear Admiral Dimuthu Gunawardena RWP**, RSP, VSV, USP, nswc, psc, hdmc, Acting Director General, Director

Institute of National Security Studies (INSS), the premier think tank on national security established under the Ministry of Defence, organized a Round Table Discussion titled "From Insight to Action: Destruction and Trafficking of Cultural Property in Sri Lanka" on Thursday, 24th of August 2023, from 1400hrs to 1530hrs (IST) via Zoom. Initially Senior Prof. Anura Manatunga, Senior Professor in Archaeology, University of Kelaniya discussed on the topic "Current (Communications & Publications), of the Institute of National Security Studies.

Following up, several timely related questions under the discussed topic of concern were posed by the audience in the Q&A segment.

Young Research Staff Member of INSS Delivers a Guest Speech at A High-Level Audience for the First Time

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On the 29th of August 2023, a think tank interaction programme was held at the auditorium at Sri Lanka Army Headquarters as organized by Sri Lanka Army Headquarters and the Indian Embassy on a directive given by the Secretary, Ministry of Defence. Deputy High Commissioner of India to Sri Lanka, Dr. Satyanjal Pandey, delivered the keynote speech. Subsequently, the first speaker of the session, Dr. Harinda Vidanage from General Sir John Kotelawala Defence University, delivered his remarks under the title "Strategic Dynamics in the Indian Ocean Region: Sri Lankan Perspective." Following that, Ms. Charani Patabendige, Acting Research Analyst and Research Assistant at the Institute of National Security Studies, presented a speech titled "Road Map to Strengthen Regional Cooperation in South Asia: Sri Lankan Perspective." The final speaker was Rear Admiral (Retd.) J. J. Ranasinghe VSV, USP, psc, a Director from the think tank "Geopolitical Cartographer". Each session was followed by an interactive Q&A session. This is the first time the young research staff of INSS presents at a high-level audience.



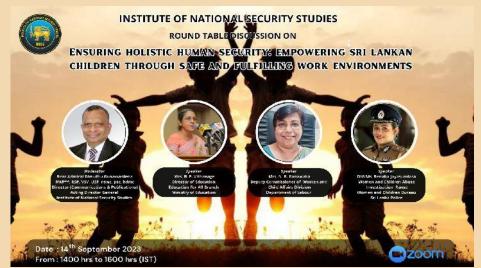
Rear Admiral Dimuthu Gunawardena RWP**, RSP, VSV, USP, nswc, psc, hdmc, Director (Communications and Publications) and Acting Director General of INSS, along with three Military Research Officers & Ms. Kalpani Gunathilaka (Research Assistant) participated in the above event.



Round Table Discussion on "Ensuring a Holistic Human Security; Empowering the Sri Lankan Children Through Safe and Fulfilling Work Environments "

The Institute of National Security Studies (INSS), the Ministry of Defence's premier think tank on national security, hosted a Round Table Discussion on "Ensuring Holistic Human Security: Empowering Sri Lankan Children Through Safe And Fulfilling Work Environments" on Thursday, 14th September 2023, from 1400hrs to 1530hrs (IST) via Zoom. The session was moderated by Rear Admiral Dimuthu Gunawardena, RWP**, RSP, VSV, USP, nswc, psc, hdmc, Acting Director General and Director (Communications and Publications) of INSS.

Initially, WDIG Mrs. Renuka Jayasundara, DIG Children and Women Range, Sri Lanka Police discussed under the topic titled "Addressing Sociolegal Gaps in Eradicating Child Labour in Sri Lanka".



Secondly, Mrs. Badra Withanage, Director of Education for All, Ministry of Education shared her thoughts under the topic "Implementing Child Employment To Eliminate Child Labour In Sri Lanka". Finally, Mrs. N.R. Ranawaka, Deputy Commissioner, Department of Labour focused on the topic "Current Child Labour Situation in Sri Lanka and its Impact to Human Security".

The moderator led a good Q&A session in the final 30 minutes of the programme.

Round Table Discussion on "Blue Economic Strategies to Energize the Economic Development of Sri Lanka: Challenges and Opportunities"

The Institute of National Security Studies (INSS), the premier think tank under the Ministry of Defence on national security, hosted a Round Table Discussion on "Blue Economic Strategies to Energize the Economic Development of Sri Lanka: Challenges and Opportunities" on Wednesday, 20th September 2023, from 1000hrs to 1130hrs (IST) via Zoom. The session was moderated by Rear Admiral Dimuthu Gunawardena, RWP**, RSP, VSV, USP, nswc, psc, hdmc, Acting Director General and Director (Communications and Publications) of INSS.

Initially, Rear Admiral Y.N. Jayarathne (Retd) RWP*, RSP, USP, ndu, psc, Consultant, United Nations Office on Drugs and Crime shared his thoughts under the topic "Role of Marine Law Enforcement Agencies in Securing



Prospects of Blue Economy in Sri Lanka". Secondly, Professor Mohan Munasinghe, Founder and Chairman of the Munasinghe Institute of Development gave an extensive elaboration on the topic of "Strategic & Sustainable Management of Sri Lanka's Marine Resources in a Multipolar World with Balanced Inclusive Green Growth". Finally, Dr. T.D.K.D. Thennakoon, Director General, the National Aquatic Resources Research & Development Agency (NARA) focused on the topic of "Blue Economic Strategies to Energize the Economic Development of Sri Lanka. Challenges and Opportunities".

The moderator led a good Q&A session in the final 20 minutes of the programme.



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Welcome to INSS



Ms. W.D.S Madhavi is an Intern (Research) at Institute of National Security Studies, and she has successfully completed her degree in International Relations at the University of Colombo with second class upper. Further, she has completed a certificate course with JAICA. Before joining INSS, she was an intern at the Department of

Immigration and Emigration as well as she was an independent policy thinker at HYPE. Her research interests are geopolitics and strategic studies, citizens migration, sustainable goals, peace and conflict.



Ms. U. G. A. Darshika Sewwandi is an Intern (Research) at Institute of National Security Studies, and, she has completed the degree of Bachelors Biosystems Technology Honors in Environmental Technology with second class upper division from University of Colombo. She has completed my Diploma in Human Resource Management and Career

Development at the University of Colombo. Before joining to the INSS, she worked as a trainee at the Wetland Management Division of the Sri Lanka Land Development Corporation. Her research interests are environmental conservation, sustainable development, and waste management



Mr. Thamindu Devinda, is an Intern (Research) at Institute of National Security Studies. He is reading for his Bachelors of Science Degree in International Relations at Metropolitan College, Dehiwala. He has also followed a Diploma in International Relations at Bandaranaike Centre for International Studies. His main research interests are of geopolitics,

human rights, concept of power and national security.



Ms. Chamathka Rupasinghe is Intern (Research) at Institute an of National Security Studies, and currently, she is a final year undergraduate pursuing Bachelor of Honors Degree in International Studies at University of Kelaniya. At the same time, she is following a Diploma in Human Resource Management at University of Colombo. Her research interests are terrorists financing,

money laundering, and national security.



socioeconomic, contemporary issues (Human rights, economic crisis), and national security.

Ms. Helini Yapa Bandara is an Intern (Research) at Institute of National Security Studies, and is a final year undergraduate of B.Sc. in Social Sciences at the General Sir John Kotelawala Defence University. Further, she is reading for the Diploma in International Relations from Bandaranaike Centre for International Studies (BCIS). Her research interests include iscure (Human right economic

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Educational & Recreational Excursion to Jaffna



INSS Staff paid a visit to Jaffna from 21st September to 24th September 2023. During the voyage, they visited several landmarked places including Iranamadu Dam, War Memorial of Hasalaka Gamini War Memorial Humanitarian Ops, Jaffna Fort, Jaffna Library, Dambakolapatuna, Delft Jetty, and Naga Viharaya. It made a remarkable memory on everyone's hearts. It is intended to show the younger generation the various milestones of Sri Lanka military in the humanitarian operations.



Rear Admiral Dimuthu Gunawardena, Acting Director General, and Director (Communications and Publications) attends the National Day of the Kingdom of Saudi Arabia



Rear Admiral Dimuthu Gunawardena attended at the 93rd National Day of the Kingdom of Saudi Arabia on 25th of September 2023 at the Galle Face Hotel. The event was also attended by ministers, prominent dignitaries including foreign diplomats, and businessmen.

Escalation of Domestic Violence against Girls and Women in SL

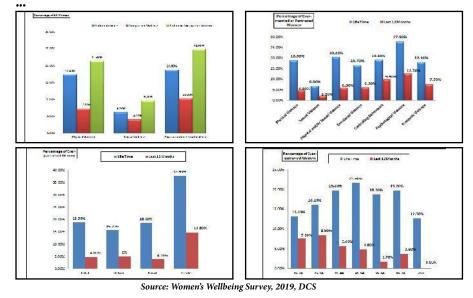
The widespread infringement on the human rights of Girls and Women through acts of violence stands as a prominent issue globally. This problem transcends societal, financial, and geographical divisions. Such acts of violence compromise the well-being, respect, safety, and independence of those affected, yet they persist amidst a prevailing atmosphere of unspoken concealment. There have been accounts of a rise in domestic violence in Sri Lanka in the recent past, attributed to the impact of the Covid-19 pandemic and an unparalleled economic downturn.

National security is often invoked to safeguard against various threats, encompassing defence against both internal and external attacks and infiltration. The duty of upholding this security falls upon the defence and security forces. The issue of domestic violence has surfaced due to the competition for political power and economic resources, resulting in adverse consequences for the overall peace and security of the nation. While physical and financial insecurities exacerbate domestic violence, the presence of such violence further magnifies these insecurities. Consequently, it is imperative to seek remedies for this problem that poses a significant threat to national security.

Present status of domestic violence in local and global context

Mrs. Kalpani Gunathilaka Published on Ceylon Today, 08th September 2023.

Domestic violence specifically, represents significant public health issues and a breach of women's fundamental human rights. Domestic abuse, in other words, intimate partner violence is commentated by the United Nations as "a pattern of behaviour in any relationship that is used to gain or maintain power and control over an intimate partner." In addition, domestic violence is defined in Sri Lanka Prevention of Domestic Violence Act No. 34 of 2005 as "an act which constitutes an offence specified in Schedule I; any emotional abuse, committed or caused by a relevant person within the environment of the home or outside and arising out of the personal relationship between the aggrieved person and the relevant person".



Conclusion and the way forward

There are a number of reasons for domestic violence such as demographic attributes, prior incidents of violence, attitudes towards spousal abuse (woman), behaviours of woman's partner, socioeconomic background, household wealth, number of children, woman's social capital and residential sector etc. Nevertheless, numerous studies indicate that the recent surge in domestic violence against women and girls is closely linked to the economic crisis. Those who are financially vulnerable among women have borne the brunt of this increase. Violence against women can be prevented if all parties work responsibly for it. The healthcare sector has a crucial responsibility to offer comprehensive healthcare services for protecting women who have faced violence, serving as a gateway to connect them with additional support services they may require.

The Centre for Women's Research (CENWOR) conducted a research study in 2019 with the collaboration of the National Police Commission and the United Nations Development Programme (UNDP) regarding gender

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equality in Sri Lanka Police. They revealed that an approved cadre of 11,263 female officers exists, but at present, only 9,878 women officers are actively serving. And it is 11.7% of the total cadre. Furthermore, they identified that women Police officers play a crucial role in enhancing the police response to violence against women and they are indispensable in addressing challenges like domestic violence, human trafficking, and other enduring issues that predominantly impact women and children. Hence, it is needed to appoint sufficient female Police officers in every Police station, particularly in rural regions. Sometimes, women are reluctant to report domestic violence cases to male Police officers.

Hence, it is vital to increase female Police officers, especially in rural areas as most of the cases are in the rural areas. Additionally, there is a need for further development of awareness among Police officers regarding providing advice and taking appropriate actions when responding to reports of domestic violence, to prevent its recurrence in the future. There is a requirement for the establishment of a systematic and official monitoring mechanism for all families identified as vulnerable. Moreover, additional financial resources should be allocated to support both governmental and non-governmental organisations in their efforts to prevent domestic violence.

After the 2019 Women's Wellbeing Survey published by the DCS, there is no further survey conducted to identify the present status of domestic violence in Sri Lanka. However, cases of domestic violence are increasing day-by-day due to several various reasons. Therefore, it becomes necessary to conduct a comprehensive survey to collect data on domestic violence in Sri Lanka and to take prompt remedial action. To prevent domestic violence that occurs due to the economic and financial issues of the country and directly impacts households, a speedy recovery of the Sri Lanka economy is vital to provide relief to vulnerable families.

As well as Employment opportunities should be created and provided to the women who depend on their partners for financial support. Furthermore, enhancing educational prospects for girls represents a significant stride in the broader perspective. Bridging the gender disparity in education provides women with increased economic autonomy and reduces their susceptibility to male influence and control. Implementing these measures will safeguard Sri Lankan girls and women from domestic violence and contribute to improving the social standing and reputation of the country as well.

... Read full paper at MOD Web Site : https://www.defence.lk/Article/view_article/27532#:~:text=Accordingly%2C%20Sri%20Lankan%20women%20subjected, non%2Dpartners%20(4.1%25)

Read full paper at Ceylon Today Web Site: https://ceylontoday.lk/2023/09/08/escalation-of-domestic-violence-against-girls-and-women-in-sl/

Mrs. Kalpani Gunathilaka Danangalage was a Research Assistant at the Institute of National Security Studies (INSS). The opinion expressed is her own and not necessarily reflective of the institute.



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